

Make Your Voice Heard!

This week in the Dismantling Racism class we will hear from two experts, Ellen Buelow and Judy Messal, on how to advocate for issues important to you. Their concise and informative presentations will be helpful whether writing your Congress representatives or speaking to the state legislature.

Judy Messal is a member of All Saints Lutheran Church in Albuquerque and has been active with Lutheran-Advocacy Ministry-NM since the mid nineteen nineties. She taught at NMSU in Las Cruces and participated in border ministries. She now volunteers in Albuquerque with three ecumenical and interfaith advocacy groups concerned with hunger and the root causes of poverty.

Ellen Buelow is a member of Holy Rosary Catholic Community in Albuquerque and has been active with Catholic Charities since two thousand six. She is a retired teacher from Jefferson County, CO. She is a volunteer with refugee youth and an anti-hunger advocate with Bread for the World and the Interfaith Hunger Coalition.

Class Assignments

To prepare for the class discussion, please review the following materials:

- **The Biblical Basis for Advocacy to End Hunger.** Nine Biblical themes that guide the mission of Bread for the World. <https://www.bread.org/sites/default/files/downloads/biblical-basis-for-advocacy.pdf>
- **Social Justice Advocacy for Beginners.** By Kaelan Kiernan, December 11, 2019. Many of us want to contribute and advocate for the changes that we are passionate about, but in today's culture, that is intimidating. This article identifies a few ways to start getting involved in fighting for change. <https://iridescentwomen.com/2019/12/11/social-justice-advocacy-for-beginners/>
- **Advocacy & Social Justice Webinar—The Last Straw.** (52:17 min) Mar 22, 2018. Dr. Donald Grant, Associate Dean of Pacific Oaks' College School of Human Development, presents a webinar, "The Last Straw –When Movements Shift from Talk to Action," discussing how social media has impacted social justice movements. https://www.youtube.com/watch?v=k2Z2k_bVcPM