NSF Mission:
identify, educate, and encourage healing of the many forms of violence
that cause needless suffering in our lives

NSF Vision:
promote a culture of peace that fosters respect for all individuals,
and rejects all forms of violence impacting our community

Exploring Nonviolence: Tools for Managing Conflict in Everyday Life

Join us in the exploration of the power and potential of nonviolence in ourselves and in the world. Explore with others in community to:

- Learn what Nonviolence means; examine our current beliefs and practices regarding violence and nonviolence;
- Practice exploring aspects of ourselves that can spark reactions in others;
- Study techniques of de-escalation;
- Bolster your resilience and ability to deal with violence.

Please register by Jan. 20 at Training@NonviolentSantaFe.org.

Led by Buddhist teacher Don Handrick, Chaplain Wendy Rhema, and retired SF Firefighter Ramos Tsosie.

Sunday, Jan 28, 2-4pm
First Presbyterian Church of Santa Fe
208 Grant Avenue, Santa Fe